

Special Day

World Cancer Day 2024 - Theme is "Close the Care Gap"



World Cancer Day is observed on February 4 every year. The day aims to promote awareness about cancer. It also helps to strengthen actions that strive to improve cancer care, detection, preventive measures and treatment. Cancer refers to the abnormal growth of cells that divide uncontrollably. It has the ability to spread from one body part/ organ/ tissue to another.

The theme for World Cancer Day 2024 is 'Close the care gap: Everyone deserves access to cancer care.'

According to WHO, cancer is the second leading cause of death globally about 1.5 million new cancer cases occur in India every year. Lung and oro-pharyngeal cancer rank highest among males, while breast and cervical cancer hold the top spot for females. Tobacco use alone accounts for around one-third of deaths from cancers. Other risk factors include high body mass index, excess alcohol consumption, family history, some health conditions, environment, certain viral infections and more.

Regular screenings and early detection are two main key factors that help improve survival rates. The campaign is all about understanding and recognizing the inequities in cancer care and the power of working together. Every single one of us has the ability to make a difference, and together, we can make real progress in reducing the impact of cancer. The journey through cancer is not just about medical interventions; it is about providing a holistic support system that addresses the financial, emotional and mental well-being of the patients and their families throughout the continuum of care.

Dr. Suresh Sundar, MD, DPH.
Trustee, GLRA India

NEWS

Leprosy Training for Medical Officers in Dadar and Nagar Haveli



On 23rd & 24th January 2024: The two-day training cum review meeting for Medical Officers under NLEP, organised by the UT administration of Dadar and Nagar Haveli and Daman and Diu, brought together over 50 medical officers and NMAs. The session began with a thorough review of the leprosy situation in the Union Territories of DNH, Daman, and Diu, followed by intensive training sessions.

Dr. Srilekha Penna, ILEP India Country Coordinator and GLRA's Regional Research Coordinator led a comprehensive session on Disability Prevention and Medical Rehabilitation. The focus extended to the importance of emphasizing self-care practices by persons affected by Leprosy.

The training initiative extended beyond conventional settings, as the team visited remote tribal areas in DNH, where leprosy endemicity remains high. Notably, new cases among children were reported in these regions highlighting active transmission of Leprosy.

The event provided a platform for knowledge exchange and facilitated practical insights through on-site visits, reinforcing the commitment to combating leprosy and promoting collaborative approaches to address the challenges.

Village Health & Sensitization Committee (VHSC) Addresses Community Health Issues in Sitapur, Uttar Pradesh

A VHSC revival meeting was held in Village- Huzurpur Gram Panchayat - Suhetara Block- Parsendin district Sitapur district along with the government stakeholders. The meeting was a platform for discussing various concerns, such as waste management, preservation and the use of clean drinking water, ways to improve hygiene practices and stop open defecation. The committee decided to find ways to address the issues with a focus on improving the sanitation facilities in the villages. An orientation session on the prevention of Lymphatic Filariasis, Leprosy, and eye complications, was held.



TB Awareness campaign for Truckers, Helpers, and Allied Populations in Gurugram, Haryana



Project Nai DISHA "On the Road to End TB" is a collaborative effort by DB Schenker and GLRA India to END TB by 2025. A 15-day awareness campaign was conducted at the Transshipment areas in Gurugram from February 12, 2024. TB active case-finding and public announcement drives on Tuberculosis (TB) among truckers, helpers, and allied populations were organized with the support of local volunteers.

Project Nai DISHA "On the Road to End TB" is a collaborative effort by DB Schenker and GLRA India to END TB by 2025. A 15-day awareness campaign was conducted at the Transshipment areas in Gurugram from February 12, 2024. TB active case-finding and public

Voices of Empathy" Podcast series, a new beginning!



SCAN HERE!

Scan the QR code to listen now and join us on the journey to a TB-free future! 🌍

The fifth episode of the "Voices of Empathy" is out now! Join us as we delve into the pressing issue of Tuberculosis (TB).

'RUN FOR LEPROSY' Marathon in Mumbai

Maharashtra Lokahita Seva Mandal, Mumbai (GLRA's NGO partner) organized the "Run for Leprosy" (Marathon) in Goregaon West. The event was held in collaboration with the Health Services, Indian Development Foundation (IDF), and JM Patel College of Commerce. Dr. Manish Renge from the office of Additional Director of Health Services, Dr. Suresh Sundar, MLSM, Dr Aruna Naik, CEO IDF, the principal and college authorities, and the Traffic Police Commissioner joined the event. A total of 100 youths attended the event and showed their solidarity for the cause.



A Journey towards Gender Equality and Women's Empowerment, Barwani, Madhya Pradesh



An awareness program on Gender-Based Violence (GBV) and women's rights was organized in Shivani Pdawa village, Pansamel block. Representatives from twenty-five villagers participated in the program and the meeting witnessed the women's voices on the legal frameworks, social benefit schemes, and safeguarding the rights of domestic workers. Through these interactive sessions, the project aims to create a sense of responsibility towards social justice and improve the participatory approaches to raising voices.

Women Protection Committees, a Triumph for gender equality, Madhya Pradesh

Project Inclusive Communities for Gender Equalities has established 48 Women's Protection Committees. Community engagement has become a beacon for tackling gender-based violence (GBV) and fostering women's empowerment. Comprehensive awareness programs and accessible support have empowered residents to address various issues, from GBV to education and health. These committees serve as platforms for women to voice concerns and participate in decision-making. By implementing mentorship and skill development programs, they've enhanced economic independence and self-esteem. Regular assessments reveal decreased GBV incidents and improved access to education and healthcare. It sets a benchmark for creating inclusive communities, where women are protected, heard, and actively engaged, heralding a more just and equitable society.



Nai DISHA & DB Schenker Host Successful Health Camp in Lucknow & Gurugram



We are happy to announce that we have completed two Mega Health Camps in close partnership with DB Schenker India.

The first camp was held in Transport Nagar, Lucknow, and the second was conducted in Sector 3, IMT Manesar, Gurugram. The Lucknow free mega health camp was graced by Dr Ravi Pandey, Deputy Chief Medical Officer of Lucknow, while Dr Pradeep Chaudhary, IMO Gurugram, and Dr Arun Saini, SMO Gurugram, inaugurated the Gurugram Mega Health camp.

Their presence added grace to the event as they delivered speeches, enlightening the public about government schemes for TB patients and informing them about the various services available at the camp and how they can benefit for free.

More than 800 OPDs registered, majorly truckers, helpers, and other marginalized communities availed services such as consultations with specialists including cardiologists, General physicians, orthopaedics, dieticians, etc. The camp offered several health facilities, including blood pressure and diabetes checkups, eye and ear testing with spectacle distribution, x-rays, dental check-ups, ECG, BMD, BMI assessments, TB screening, and more. Additionally, all attendees received first aid kits and supplement support. This is just the beginning! We are planning to organize similar Health camps in Bhiwandi and Chennai as well.

Removing walls for an Inclusive World!

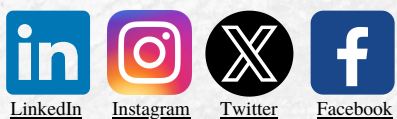
An estimated 1.3 billion people live with disabilities in our busy world. These figures are more than mere numbers; they represent 1 in every 6 people, a compelling reason why disability should be inclusive. Although this passage towards inclusivity may look like an impossible assignment, it is one we would have to embark on together.

People often experience difficulties in receiving accessible education, healthcare, and jobs; when they do not have money, these problems become worse. This is like being trapped inside a cycle where they cannot get what they need thereby making it more challenging for them.

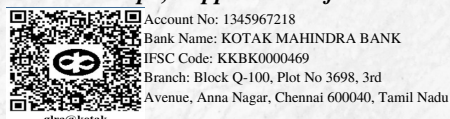
Why does disability disproportionately affect developing countries? The answer lies within systemic concerns such as malnutrition, lack of access to basic services, and prejudicial societal attitudes. These barriers only prolong poverty and negate the most basic human rights of individuals thus causing them to live indignantly.

How can we overcome these barriers and build an all-inclusive society? It starts with recognizing and addressing the underlying causes of exclusion. From inaccessible physical environments to the unavailability of assistive devices, there are many hurdles to conquer. Nevertheless, through consolidated efforts. - Himanshu Sharma, Manager HR

To know more contact us on



Unleash Hope, Support Transformation



Designed and Curated by Shabinda Rahman- Communications & PR Officer
(with the support from the Communication Department - Ms Geetanjali Kaushik - Manager PR & Communications)

